

## Transcript of Academy Meeting on Identity – Part Four

This academy meeting covered a great deal of material about identities and spiritual companions that had never been discussed before. The four participants were Joachim Held, Alka Madan, Petra Held, and myself. This was the first online meeting where we were all invoking our spiritual companions for answers and opinions.

As a reminder, basically, an identity is what others think of you. It can be changed with Spiritual Rescue Technology.

# # #

David St Lawrence

When you say significance, are you saying that's the equivalent to your identity?

Petra Held

First identity and then significance.

David St Lawrence

Yes, significance is sort of the measure of the identity.

Petra Held

Because significances change over time time, in 200 years or whatever.

David St Lawrence

The significance might be the dimensions of the identity. For example, he's a good father, He's a great husband, He's a lousy bowler.

Joachim Held

I just have seen another aspect That the duration in time, how long an identity is held up is important for society or for the others. If a person changes from moment to moment, no identity is received and is recognized anymore.

Petra Held

He's invisible. Yeah.

David St Lawrence

Good. You want to want to talk a little more about that. That sounds important.

Alka Madan

But society is just full of significance. Nothing else. Other name for society is significance?

Joachim Held

Yes.

Alka Madan

You and significance you and society? Both are the same thing.

David St Lawrence

I find it hard to think with that.

Alka Madan

it tells you this is how you should behave as soon as you step out of the house, this is how you should behave,

walk on the right side. Put on the mask, don't stare at people, so many things significance as soon as you step out of the house.

David St Lawrence

interesting! I never thought about it that way! You're absolutely right.

Alka Madan

Total significance and that fixates you.

Petra Held

I understand significance as meaning. Significant in English has many meanings.

Alka Madan

Significance ... I am also using L Ron Hubbard's definition here, you know, how much importance you put in something.

David St Lawrence

Suppose people feel it's very important that whatever they view your identity to be, is that it stays, I see you as a decent citizen who upholds the law, and takes care of children. You know, it does things and if you drop all of that and run off with a new boyfriend or girlfriend and buy a RV and tour the country, you've shattered your identity. Oh, you certainly have changed it. And guess what?

Joachim Held

I just found out that significance is needed for a given structure. So, we have society as a well structured thing, and if we take out the significances...

Alka Madan

The definition of significance, is alter-is. That is how this universe is created, you know. Is-ness is nothing there, and then you alter it, and then you see everything around. And then the game starts.

David St Lawrence

Let me play this back to you. Are our identities important?

Alka Madan

You know, if you are in the spirit of play, then this is how it should be important. If you're not in the spirit of play, then you are in pain if you don't have identity.

David St Lawrence

Sounds like they're important. Either way. I mean, they were more important when you're in pain. Suppose you have the wrong identity, is it going to be more painful than having the right identity?

Alka Madan

If your game is you still want to be on planet earth, identity is important, right? And if you have power of freedom of choice, whether you want to have an identity or not, then you don't have to have an identity.

David St Lawrence

Right. And so if there's something like SRT or Alca's prepackaged mix, whatever, or Joachim's justifications for life. If you can change your identity, you've changed the rules by which you play.

David St Lawrence

Or Petra's pre packaged identities, Who do you want to be today?

Alka Madan

Yeah, if you have less significance, you're pretty volatile, and you can pick any, you know? But if your significance is heavy, then you cannot change that.

David St Lawrence

I'm sorry, I'm opposed...

Petra Held

I insist on that, that you have to know what is your identity? What are your identities? If you are not aware of them, then you're getting in trouble.

David St Lawrence

If you don't know how to adjust them, you're in trouble. For example: I'm a postman. I've always been a postman. I can't be a counselor.

Alka Madan

If you look at his face His face is like postman

David St Lawrence

He's a postman! He's looking like he's ready to deliver...

Petra Held

Does a postman look like that?

Joachim Held

Isn't the ultimate free state of a being having no identity anymore?

Alka Madan

Freedom of choice, to have or not to have.

David St Lawrence

Okay, but if you don't have an identity, how do you communicate?

Alka Madan

on this on the physical universe?

Joachim Held

Have an identity and then do something with it.

Alka Madan

I will definitely say that on the physical universe, you need to have an identity to communicate

Joachim Held

yes physically, of course. Okay.

Petra Held

But in the spiritual world too, because if I say to them, "You're spirit A and you are B, and you are C, and D, they don't like it.

David St Lawrence

If we say there's one who an artist, one's a poet, one's a joker, and the other one's a musician. We now have some identities.

Alka Madan

I will share one example. Supposing you hold hands with each other. And we hold it for quite some time. This distinction will completely go away like whose hand is which was the other Yes. Okay. Yeah, it just becomes one you experience it as oneness? Yeah. Um, because I will just remember you know, when I sleep with my husband and we hug and then you know, first time he hugs you, you feel the difference that he's hugging you. But if the hug continues, then he just completely goes out of your head because you just become one. So then, I thought I'd see this difference. For someone to experience difference, you have to be separate from that person. So that you can experience difference in the beginning and once you come together, it doesn't matter because we both dissolve in each other.

David St Lawrence

If you don't retain that separateness though, you could lose yourself in another person, right?

Alka Madan

Yeah, and that feels okay. So that's what answers Petra's thing like spirit A, spirit B, spirit C, you can maintain that if that is your choice and then you can be one with the other person also and that is also okay.

David St Lawrence

And see its spirit A B C and D could be contributing different parts or different things to Petra's overall identity. Without them, she would be less musical, less this, or less that.

Petra Held

Could it be that your cultures are different cultures? Okay, because the Western culture says we like to be individuals. We don't want to be all one.

Alka Madan

Right but even even if they hug, they will have the same phenomena I am talking about.

David St Lawrence

Absolutely. Okay. I just think there is a lot to discover here.

Petra Held

But I don't get it completely. I mean, could you could you bring more examples please.

Alka Madan

That's what I'm saying you know like to begin with you feel there are two, like you and the other person is two, but then you know if the contact is pretty long enough, it's just seems to completely become one.

David St Lawrence

that's what happens with spirits!

Petra Held

That's right!

David St Lawrence

If we have the spirits around us and we're so used to working with them we think we are all one, and somebody says oh no, you're a bunch of spirits

Alka Madan

That's what exactly happened with me because I first created my Org board with different spirits, and I named everybody you are this, you are that, and I just sit down and we'll talk to them and then they will say okay, you

do this, you do that. I've used have a meeting with them. Yeah. And then one day you know, I found that there's nobody there. You know, I was feeling lost for two three days I kept searching Where are they? What happened? And then I realized that it has all become one there is no names now. Then I told David that you know, the End Phenomenon of SRT, is to become a composite being.

David St Lawrence

At the same time, you can recognize beings who have not become part of the composite. In other words, I am a composite being. And we're very, we're, we're very happy to be here. (laughter) and be this composite being, but we also recognize that there are beings who float in and out, or zoom in and out, or just hang there. Okay?

Petra Held

Okay, okay. Yeah,

Joachim Held

I just got an an example for that, of a composite being, if I start playing piano, I think of this finger and that finger to place it down. So they are individuals, I control them by thinking and addressing them as individuals. But when getting accustomed more and more to playing, I give up this differentiating, it's all one, I just express the idea and the hands and the fingers just follow. And it's a oneness.

David St Lawrence

Same with typing. I never learned to type. I sort of taught myself, and right now I sit down, and the fingers sort of know where to where to go.

Alka Madan

Exactly. I experienced that. I write first, and then I see a word.

David St Lawrence

This has been very, very helpful to me.

Petra Held

It was really developing here.

Joachim Held

Incredible session!

David St Lawrence

What would you like to do this week to sort of build on this? Do you want to take a look at and discover your own beingness and how you want to change it. Because you have a beingness now, whether you acknowledge it or whatever, right? And or maybe a set of beingnesses. You have a beingness when you're here on zoom, that's your beingness, not your father, daughter, mother beingness.

David St Lawrence

If you want to change some part of your life, you really need to come up with a beingness to fit that. See this is a little easier than trying to change your behavior. What beingness would be right for a person who is traveling the world and writing about it? Or is setting up a spiritual community someplace? Or is being a mobile philosopher, or whatever, you see?

Joachim Held

My task would be what set of beingness do I need to apply? Because when I look at my daytime, I change my beingness according to the task I have to do

David St Lawrence

That sure falls in the original definition, too. It's the way you are recognized by others.

Joachim Held

Yeah. So I haven't, I may find an overall goal what where I want to approach in the next 10 or 20 years? And what are the type of beingnesses which contribute to this goal?

David St Lawrence

Right! Suppose you were to say, instead of working for Siemens I'm going to become a consultant to any company that wants to do certain things. It would require the alteration of your current beingness because you wouldn't be a follower as you are now. Right now one of your beingnesses for Siemens involves being a follower, the right kind of follower. When you're only responding to clients, yes, you follow but it's a negotiated relationship. Ongoing.

David St Lawrence

So if we can identify our beingness now today, thank you, it's more than one. And we could say what beingness do we need? We're not going to change beingness, we are just going to add one. If you're going to take on another role in life, are you going to have to drop your mother beingness or your friend beingness? No, no.

Alka Madan

But I will say two things. One is that we can bring ease in our beingnesses by reducing some significances. right? Yes. And that's number one. And number two, what I would like to do this week is acknowledge many beings around me by telling them I see you. I feel very definitive for them.

David St Lawrence

This is going to be a week of many wins, I think. Thank you. Thank you so much. I'm going to have to listen to this video again and again. This was wonderful. Thank you all. Oh my! Take care!